



Thank you for registering for *Grit & Grace*: The Heart of Co-Creative Painting!

In order for you to be prepared to dive into the class content, please read through this supply list thoroughly to know what you will see me using in the videos.

You don't need to go out and purchase all of the supplies at once. I suggest getting the basics so you can get started and purchasing others as you move through the lessons according to what you feel most inspired to experiment with. I've noted the supplies you can acquire later as "Optional Supplies".

I've provided an Amazon link to most items but feel free to shop around to make sure you get the best price at the easiest access for you. Some of the items on the list are not linked to an online source. These items are likely already in your studio or can be most easily acquired locally.

Many of the supplies are readily available on Amazon but here are additional links to my favorite art suppliers if you want to do price comparisons:

**DICK BLICK**

**DANIEL SMITH**

**AARON BROTHERS**

*(they have a huge stretched canvas sale a couple times a year)*

**CHEAP JOES ART STUFF**

**JERRY'S ARTARAMA**

## **SUBSTRATE OPTIONS:**

Raw canvas

120# paper

Recycled wood

Unfinished paintings

Cardboard

Stretched canvas

## **OTHER SUPPLIES:**

Drawing pencils  
Kneadable eraser  
Visual journal or sketchbook  
White Gesso  
Acrylic Paint Brushes  
Acrylic Paints  
Wide Paint Brushes (hardware store)  
Small Foam Roller (hardware store)  
Palette (I use a piece of heavy glass)  
Grumbacher Vine Charcoal sticks  
Lyra Graphitkreide 9B crayon  
Stabilo Marks All Black Pencil  
Collage Papers; Text, Music, Magazine Images, etc  
India Ink  
Sandpaper, medium grit  
Scissors  
Masking Tape  
Cotton Rags (old t-shirts, towels)  
Rubbing Alcohol  
Water Container  
Scraping Tool (old hotel key, credit card works great)  
Sticks, Chopsticks, Bubble wrap, mark making tools around the house

## **OPTIONAL SUPPLIES:**

Stencils  
Derwent XL Charcoal  
Derwent XL Graphite  
Derwent Graphitint Pencils  
Lyra Crayon Sharpener  
Stabilo Sharpener  
Stabilo Woody Pencils  
Lyra Fab-Riesen Color Giant Colored Pencils  
Blending Stump  
Palette Knives  
Gum Arabic  
Glycerin  
Essential Oil of Peppermint  
Powdered Pigments  
Acrylic Glazing Liquid  
Acrylic Soft Gel Medium  
OR  
PVA White Glue  
Petroleum Jelly  
Clear Gesso  
Black Gesso  
Black Pastels  
Walnut Ink  
Soft Pastels  
Caran d'Ache Classic Neocolor II Watersoluble Crayons